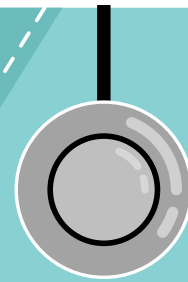
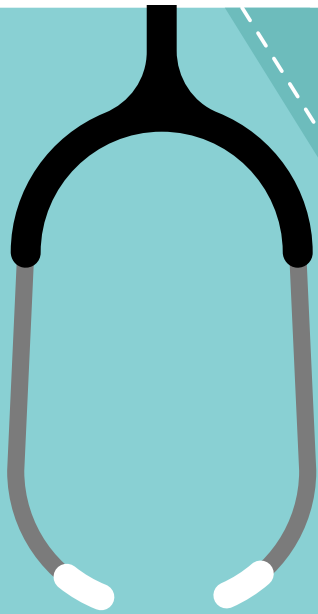


SMOKY HILL



**CELEBRATING THE
POWER OF NURSES!
NATIONAL NURSES WEEK: MAY 6-12**

National Nurses Week is a time to celebrate the incredible impact of nurses and honor the “Mother of Nursing,” Florence Nightingale. The week begins on May 6 and concludes on May 12, her birthday.

The 2025 theme, *The Power of Nurses*, highlights their invaluable contributions and the profound difference they make every day. Nurses provide more than care and medical services—they

bring comfort, security, companionship, and joy to residents and their families. Their dedication enhances lives in countless meaningful ways.

In senior living communities, nurses are the heart of compassionate care. Their skill, kindness, and unwavering commitment create an environment where residents feel safe, supported, and valued. The power of nurses is seen in every comforting word, every healing touch,

and every moment they spend ensuring the well-being of those they serve.

This week, take a moment to show appreciation for the nurses who make a difference. A heartfelt thank-you, a small gift, or a thoughtful gesture can mean so much.

From all of us, we honor and celebrate the remarkable nurses who work tirelessly to help, heal, and uplift others. Your dedication is truly inspiring. Thank you!





HAPPY BIRTHDAY

Sharon F. May 8th
 Melvin G. May 22



While Cinco de Mayo initially observed the Battle of Puebla and Mexican heritage, it is now a global secular celebration of Mexican culture. This vibrant holiday is honored with parades, mariachi music and folklore tales. Decorations are often showcased in the colors of the Mexican flag. Festivities may also include enjoying tasty tacos, margaritas, nachos, and more!

Community events during Cinco de Mayo often feature educational workshops and art exhibitions, teaching Mexican culture and history.



Here are some fun ways to celebrate this year:

Craft Decorations: Craft papel picado. (paper banners)

Enjoy Mexican Cuisine: Have a taco bar where everyone can customize their own delicious meal.

Cultural Trivia Game: Engage seniors with a trivia game about Mexican culture, history, and traditions.

Movie Screening: Watch a film or documentary that highlights Mexican heritage.



Tapestry of Life

NATIONAL SKILLED NURSING CARE WEEK® | MAY 11 - 17, 2025

The 2025 theme for National Skilled Nursing Care Week (NSNCW), *Tapestry of Life*, celebrates the rich and diverse stories that come together in skilled nursing care. Each resident, family member, caregiver, and staff member contributes a unique thread, woven into a shared fabric of resilience, connection, and compassion. Skilled nursing centers are more than places of care—they are vibrant communities where experiences intertwine, memories are cherished, and lives become forever woven together to make it a thriving community.

Now through May 11–17, families, residents, and staff are encouraged to celebrate this theme by weaving together traditions, experiences, and shared moments. Create a memory display with short reflections on paper strips or build a chain story where each person adds a personal touch to a fun, evolving tale. Share favorite songs, reminisce about concerts, and enjoy a group listening session. Spread kindness through small gestures like painting rocks, writing heartfelt notes, or crafting word clouds. Design a patchwork of fabric, photos, or decorated paper to visually capture the connections that unite us. Coming together for a shared meal can also be a meaningful way to bond—enjoying favorite dishes, exchanging stories, and celebrating the traditions that shape each person’s journey.

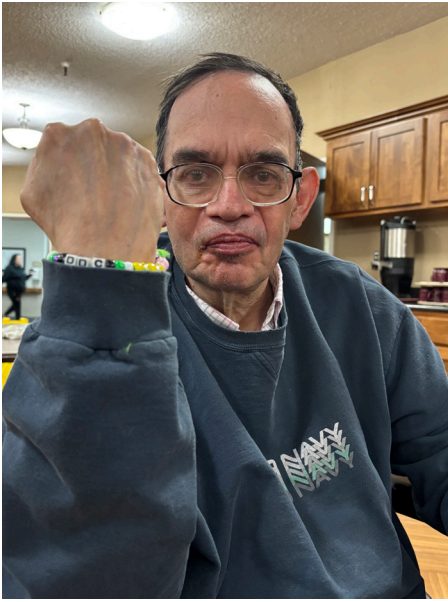
Established by the American Health Care Association (AHCA) in 1967, NSNCW, formerly known as National Nursing Home Week recognizes the role of skilled nursing care centers in caring for America’s seniors and individuals with disabilities.

Happy Mother's Day

Be sure to take a moment on Sunday, May 11 to honor moms, foster moms, surrogate moms, grandmothers, aunts, and the other important women role models in your life. Let her know how much she means to you by calling or video chatting. Take her out to lunch, or enjoy an afternoon together to celebrate and express your gratitude.



Photo Activity Highlights!



Stroke Awareness: Learn to Act F.A.S.T.

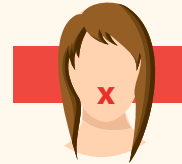
Acting F.A.S.T. can help stroke patients get the treatments they need. Treatments that work best are available only if the stroke is recognized and diagnosed within three hours of the first symptoms.



F — Face: Ask the person to smile. Does one side of the face droop?



A — Arms: Ask the person to raise both arms. Does one arm drift downward?



S — Speech: Ask the person to repeat a simple phrase. Is the speech slurred or strange?



T — Time: If you see any of these signs, call 9-1-1 right away.

Source: [cdc.gov](https://www.cdc.gov)

RESIDENT OF THE MONTH: LENORD S.!



Honor & Remember Memorial Day is May 26

Take time this Memorial Day to visit, call, text, or video chat with a loved one who served, or a loved one who may have lost someone special that served. Ask them to share their stories and reminisce. Listen and learn from their history. Be sure to let them know how much they are valued and appreciated.



1007 JOHNSTOWN AVE
SALINA, KS 67401

Admissions: 785.823.7107

info@smokyhillhealthandrehabilitation.com

smokyhillhealthandrehabilitation.com

ADMINISTRATIVE STAFF

ADMINISTRATOR
TBD

BUSINESS OFFICE
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DIRECTOR OF NURSING
TBD

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DIRECTOR OF TALENT & LEARNING
Skylar Wands



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | W | C | C | K | K | P | T | P | B | U | K | P | D | G |
| I | A | E | I | K | C | N | Y | M | V | P | G | F | N | F |
| V | F | P | U | N | H | E | Y | W | H | T | P | L | K | F |
| S | E | J | E | K | C | E | L | C | W | F | U | O | Z | B |
| D | T | R | M | S | W | O | A | E | X | D | K | W | K | R |
| R | A | R | W | C | T | B | J | T | B | Y | A | E | Y | H |
| C | H | T | O | P | T | R | I | H | S | R | G | R | T | O |
| L | N | Z | Y | K | J | K | Y | L | F | B | A | S | I | N |
| C | P | S | V | I | E | E | Z | V | C | T | F | T | K | O |
| S | W | O | M | E | N | B | R | E | M | E | M | B | E | R |
| T | F | T | Y | M | O | T | H | E | R | S | M | C | Y | U |
| M | M | P | Y | E | F | V | T | N | U | R | S | E | S | G |
| S | Y | F | R | P | R | E | S | S | U | R | E | W | Q | O |
| X | G | U | Z | C | O | N | N | E | C | T | C | D | N | V |
| I | O | P | C | Z | N | Y | C | Q | W | E | A | V | E | I |

WORD LIST

CARE
CELEBRATE
CINCO
CONNECT
FLOWERS
HEAT
HONOR
MOTHERS
NURSES
PRESSURE
REMEMBER
STROKE
TAPESTRY
WEAVE
WOMEN